

**WONCA**  
**EUROPE**  
**2008**



**ISTANBUL**

4<sup>th</sup> Regional Conference

**“Overcoming the Distance”**

Family practice, bringing the art of medicine to the people



**04 - 07 September 2008**

Istanbul Convention & Exhibition Center  
Istanbul - TURKEY



[www.woncaeurope2008.org](http://www.woncaeurope2008.org)

Dear Colleagues,

Turkish Association of Family Physicians welcomes you to Wonca Europe 2008 Conference which will be held in Istanbul, Turkey, on September 4-7, 2008.

Working together with National Colleges, European Network Organizations and Special Interest Groups we aim to come together in largest collaboration possible also with a large number of Turkish colleagues. Even with attendance beyond Europe, we will have the opportunity to find out our similarities and differences in a comprehensive scientific program.

Istanbul, at the south-east end of geographical Europe, where Europe meets Asia, where cultures and civilizations meet, will be the ideal place to discuss "Overcoming the distance". Looking at the other continent, with all its beauty, just a few hundred meters away, within minutes to reach, will make as think again about how far really "the distance" is.

We will be looking at various aspects of our discipline thoroughly, from many different view points, but to learn from each other, in order to bring our distance as near as possible.

The challenge is ahead of us, to have a WONCA Europe Conference with more than 4500 colleagues and also making it a long remembered one, both with its Scientific and Social events.

We welcome you all and we are sure you will enjoy being in Istanbul.

With our kindest regards,

Dr. Erdem Birgül  
Co-Chairman, Host Organizing Committee

Assoc. Prof. Dr. Nezhiz Dağdeviren  
Co-Chairman, Host Organizing Committee

Dear Colleagues,

It is my great pleasure to invite you to the Wonca Europe Regional Conference to be held in Istanbul, 4-7 September 2008

The theme of the conference is "Overcoming the distance" Family practice - bringing the art of medicine to the people.

We are very excited for this opportunity to meet our colleagues from various countries in Istanbul, a magnificent metropolis with a rich history. We aim to bring together family physicians of different affiliations like universities, hospitals or community based settings to review basic principles of and latest evidence about family medicine, and exchange experiences in the framework of a rich, comprehensive scientific program. The conference will feature sessions on the primary health care/family medicine approach to various clinical issues, undergraduate and postgraduate training in family medicine, a comparative review of family practice in different countries with different health care systems, and basic principles of family medicine. In Turkey, family medicine is a relatively young discipline and much has been accomplished in its rich history of 23 years. There is constant effort to further develop and strengthen family medicine as a clinical and academic discipline through our professional association TAHUD, our Board TAHYK, our peer reviewed journals, 38 academic departments of family medicine, and our broad community of family physicians, who work as clinicians in hospitals and community based settings. We believe that your participation in this conference will constitute an important contribution to our efforts to strengthen the discipline of family medicine and to improve quality of primary health care in Turkey an in Europe as well.

We are looking forward to welcome you in Istanbul.

With my warmest regards,

Prof. Füsün Ersoy, MD  
Chair of the Scientific Committee



### Host Organizing Committee

Erdem Birgül - Co-chair  
Nezih Dağdeviren - Co-chair  
Ayşe Çaylan  
Olgun Göktaş  
Tamer Görgülü  
Maarten Klomp  
Mümtaz Mazırcıoğlu  
Mehmet Urgan  
Fatma Gökşin Cihan - Vasco da Gama

### International Advisory Board

Bernard Gay - France  
Pierre-Louis Druais - France  
Michael M. Kochen - Germany  
Jakob Kragstrup - Denmark  
Christos Lionis - Greece  
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Ljubin Shukriev - Macedonia  
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Peter Tschudi - Switzerland  
Paul Van Royen - Belgium  
Chris Van Weel - Netherlands  
Giorgio Visentin - Italy  
Egle Zebiene - Lithuania

### Scientific Committee

Fusun Ersoy - Chair  
Neşe Akın  
Zekeriya Aktürk  
Serpil Aydın  
Ünal Ayrancı  
Okay Başak  
Nafiz Bozdemir  
Selma Çivi  
Nezih Dağdeviren  
Yeltekin Demirel  
Rengin Erdal  
Süleyman Görpelioğlu  
İsmail Hamdi Kara  
Selçuk Mıstık  
Esra Saatçi  
Mehmet Sargın  
Erol Sezer  
Hüseyin Avni Şahin  
Ahmet Muhtar Şengül  
Oğuz Tekin  
Mehmet Urgan  
Murat Ünalacak  
İlhami Ünlüoğlu  
Hasan Basri Üstünbaş  
Zeynep Vural  
Hakan Yaman  
Fusun Yarış  
Tuncay Müge Filiz - Scientific Secretary  
Pınar Topsever - Scientific Secretary  
Pemra Ünalın - Scientific Secretary

**4 September 2008**

17:00-18:00	Opening Ceremony
18:00-18:30	Opening Lecture "WONCA Vision: Past, Present, Future"
18:30-20:30	Welcome Cocktail

**5 September 2008**

09:00-09:30	Keynote Lecture 1
09:40-10:40	Parallel Session 1
10:40-11:00	Coffee Break
11:00-12:30	Parallel Session 2 ( <i>WS, OPs, Plenary Sessions, Symposia</i> )
12:30-13:30	Lunch
13:30-14:00	Keynote Lecture 2
14:10-15:10	Parallel Session 3 ( <i>WS, OPs, Poster Walks, Plenary Sessions, Symposia</i> )
15:10-15:30	Coffee Break
15:30-17:00	Parallel Session 4 ( <i>WS, OPs, Poster Walks, Plenary Sessions, Symposia</i> )

**6 September 2008**

09:00-09:30	Keynote Lecture 3
09:40-10:40	Parallel Session 5
10:30-11:00	Coffee Break
11:00-12:30	Parallel Session 6 ( <i>WS, OPs, Plenary Sessions, Symposia</i> )
12:30-13:30	Lunch
13:30-14:00	Keynote Lecture 4
14:10-15:10	Parallel Session 7 ( <i>WS, OPs, Poster Walks, Plenary Sessions, Symposia</i> )
15:10-15:30	Coffee Break
15:30-17:00	Parallel Session 8 ( <i>WS, OPs, Poster Walks, Plenary Sessions, Symposia</i> )
20:00	Gala Dinner

**7 September 2008**

09:00-09:30	Keynote Lecture 5
09:30-11:00	Parallel Session 9
11:00-11:30	Coffee Break
11:30-13:30	Closing Ceremony ( <i>including Closing Lecture</i> )

**Vasco da Gama Movement Pre-Conference will take place on September 3-4<sup>th</sup>, 2008 at the Istanbul Convention & Exhibition Center**



## "Overcoming the Distance"

Family practice, bringing the art of medicine to the people

### UNIFORMING DELIVERY OF PRIMARY HEALTH CARE

- Value of quality indicators in PC office management
- Common problems in Primary Health Care training and service in Southeast Europe
- Promoting international collaboration of Associations and Colleges in FM/GP
- Similarities and differences in PHC services in European countries
- Transition Periods in Southeast European Countries

### ESSENTIALS OF FAMILY MEDICINE

- Improving communication skills
- The European Definition and the Core Competencies
- Promoting family medicine in developing countries

### CLINICAL APPROACH IN FAMILY MEDICINE

- Postmenopausal women and their problems
- Frequently encountered psychiatric disorders in PHC
- Polypharmacy in the elderly
- Obesity management in PHC
- Evidence Based preventive measures against cardiovascular diseases in childhood
- Risk counseling for couples
- Tobacco control and cessation of smoking
- Multimorbidity in Primary Care
- Mental Health disorders in patients with chronic disease
- Referral criteria in perinatalogic problems
- Rational pharmacotherapy in Primary Care,

### TRAINING IN FAMILY MEDICINE

- Educational activities for CPD and the partners in this process
- Practice based training in the ambulatory settings
- The evidence base for the necessity of presence/integration of Family Medicine/Primary Care in Undergraduate Medical Education
- Integrative approach to international residency training and CPD in FM
- International exchange programs in FM education
- Overcoming training barriers in PC
- Skills training

### RESEARCH IN FAMILY MEDICINE

- Research methodology training for FPs
- Research on prevention
- Research on implementation and assessing quality of guidelines in general practice
- Use of ICPC for Research
- Qualitative Research
- Research priorities in Family Medicine

### EVIDENCE BASED APPROACH IN PRIMARY CARE

- Developing a practice recommendation for the approach to the elderly in PC
- Developing a Register of Clinical Prediction Rules

### ETHICS IN FAMILY PRACTICE

- Humanities in FM
- Terminal patient
- Informed consent
- Data security

### REPRODUCTIVE AND SEXUAL HEALTH

- Risky sex behaviors and prevention
- Family planning and contraception
- Sexually transmitted diseases
- Genital warts and HPV prevention
- HIV-AIDS
- Sexual health care in primary care
- Family therapies in family medicine

### CARE OF SPECIAL GROUPS

- Child health
- Aging and elderly care in family medicine
- Women's health; Menopause and osteoporosis

### STATE OF THE ART IN COMMON CLINICAL CONDITIONS IN PRIMARY CARE

- Hypertension
- Diabetes
- Metabolic Syndrome and Obesity
- Dyslipidemias
- Chronic Obstructive Pulmonary Disease
- Musculoskeletal diseases
- Gastrointestinal diseases
- Anxiety and depression
- Infectious diseases
- Cancers and prevention in family medicine

## Guidelines For Abstracts

The Organizing and Scientific Committee cordially invite health professionals involved in primary care to submit abstracts, either for oral presentation, poster or workshop. Abstracts will be considered by the Committee anonymously. Acceptance or rejection of an abstract is decided by the scientific committee. The abstract should be presented in such a way that the contribution of the research to advance knowledge can be assessed. The authors' conclusions should be clearly stated. To ensure the high quality of the Conference, the scientific committee encourages submission of abstracts dealing with original scientific work not previously presented in any other meeting.

**Abstracts can only be submitted electronically through the online system at  
[www.woncaeurope2008.org](http://www.woncaeurope2008.org)**

**Hard copy abstracts (sent by fax or post) will not be considered.**

**Deadline for submission: March 31<sup>st</sup>, 2008  
Notification of acceptance: May 1<sup>st</sup>, 2008**

### Procedure and general policy

1. Abstracts received after March 31<sup>st</sup> cannot be accepted.
2. Authors will need to indicate their preference on the online form: oral presentations, poster or workshop. However, as only a limited number of oral presentations and workshops can be accepted, authors may be asked to change their proposal.
3. After the screening of the Scientific Secretariat (clarity, language, structure), all approved abstracts will be peer reviewed (blind) by at least two referees.
4. Confirmation of acceptance, upgrade or downgrade an abstract (oral to poster, poster to oral, oral to workshop) or rejection by the Scientific Committee will be emailed to the corresponding author. Detailed practical information regarding the presentation will be included in the confirmation.
5. Accepted abstracts will be published in the Book of Abstracts of the Conference.
6. Presenting authors, whose abstracts are accepted for presentation, must register for the congress.
7. An author can be the presenter of at most 2 abstracts.
8. Only ONE designated presenter can present an accepted abstract.

**For other help and instructions on abstract submission,  
please refer to [www.woncaeurope2008.org](http://www.woncaeurope2008.org)**



Registration Categories	Early Registration Before May 15 <sup>th</sup> , 2008	Registration From May 15 <sup>th</sup> to September 1 <sup>st</sup> , 2008	Onsite Registration After September 1 <sup>st</sup> , 2008
Wonca Direct Members	470 EUR	570 EUR	670 EUR
Delegates	500 EUR	600 EUR	700 EUR
Students / Trainees / Juniors	300 EUR	300 EUR	350 EUR
Accompanying Persons	175 EUR	225 EUR	275 EUR

**Wonca Direct Member, Delegate, Student, Trainee and Junior registration fee** includes participation to scientific meetings, congress materials, coffee breaks & lunch, welcome cocktail and closing ceremony. For Student / Trainee / Junior registration, a letter of confirmation from the applicant's head of department must be submitted with the registration form.

**Accompanying person registration fee** includes coffee breaks & lunch, welcome cocktail and closing ceremony.

Hotel Category	A - 5 stars	B - 4 star superiors	C - 4 stars	D - 3 stars and below
Prices	275 EUR - 425 EUR	195 EUR - 260 EUR	115 EUR - 195 EUR	110 EUR - 95 EUR

For booking and information please visit : [www.woncaeurope2008.org](http://www.woncaeurope2008.org)

Full payment must be made in order to confirm hotel reservations.

**Opening Ceremony & Welcome Cocktail** (included in the registration fee)

Thursday September 4th, 2008

**Gala Dinner**

Saturday September 6th, 2008

**Closing Ceremony** (included in the registration fee)

Sunday September 7th, 2008

**Excursions**

Information can be found on the congress website [www.woncaeurope2008.org](http://www.woncaeurope2008.org)

**Venue**

Istanbul Convention & Exhibition Centre  
Harbiye. 80230 Istanbul / TURKEY  
[www.icec.org](http://www.icec.org)

**Transportation**

ISTANBUL is very easy to reach by many daily convenient direct flight connections from the main European cities and by direct flights from throughout the world. ISTANBUL Atatürk Airport is 24 km from the city center.

**Official Language**

English is the official language for "Wonca Europe 2008".

**Climate**

In September the weather is usually mild in Istanbul. The average temperature ranges between 15 - 20 °C.

**Internet**

The congress venue provides wireless internet connection in all common areas.

**Correspondence**

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**Scientific Correspondence**

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**Professional Congress Organization**

**interium**

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